



# breakfast

## **Continental Affair** – 7.50

Fresh house-baked danish, chocolate, and plain croissants, served with fresh house-made jam and creamery butter.

## **The Old Soul** – 8.00

The wonderful ancient grain Quinoa is paired up with fresh baked apples and pears, cinnamon, maple syrup, almond butter, and topped with fresh vanilla bean yogurt to make a filling and delightful breakfast porridge.

## **Eggs Any Way** – 8.00

2 eggs done any way you like, served with choice of bacon, ham, or sausage, and choice of sourdough or multigrain toast. Served with house-made ketchup and jam.

## **2 Chefs Famous Eggs Benedict** – 10.00

You will fall in love all over again with our fabulous eggs benney with smoked ham, served with hash-browns and topped with house-made hollandaise.

## **Waffles, Waffles, Everyone Wants Waffles!** – 10.00

Fresh waffles for everyone! The customers have been asking and now we are giving you your choice of 3 flavours: strawberry, mixed berry, or raspberry and Nutella topped waffles. Let's not forget the whip cream!

## **Love at First Bite** – 9.00

Once you try our French toast you will be in love forever! Rich egg bread, the flavours of pumpkin, cinnamon, and vanilla bean, served with blueberries and sweet cream chese – and yes, with MAPLE SYRUP from QUEBEC!

## **Roasted Tomato Scramble** – 7.50

Scrambled eggs with toasted fresh bread and Roma tomatoes. Served with house-made ketchup and jam.

## **Breakfast Frittata** – 9.00

Your choice of whole eggs or egg whites with ham, sausage, onion, and fresh herbs. Served with choice of toasted fresh breads. Served with house-made ketchup and jam.

## **Breakfast Sandwich Affair** – 8.00

Your choice of over-easy eggs or scrambled eggs on a toasted flax seed bun, topped with Monterrey Jack cheese, bacon, lettuce, and roasted tomato.

## **The Health Conscious** – 10.00

Poached eggs on top of Chef Daniel's famous ratatouille, served with your choice of toasted fresh breads.

Ask us about making your meal fit your food allergies, sensitivities, or preferences!



**VEGETARIAN**  
**GLUTEN-FREE**  
**VEGAN**  
**DAIRY-FREE**



DESSERTS  
PASTRIES  
CAKES  
MADE FROM SCRATCH

Goodies that are actually good – for birthdays,  
weddings, and pretty much whenever.

